

# June 2021



Oak Park Senior Living  
 13936 Lower 59th St No Oak Park Heights, MN 55082  
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| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |
|---|--|---|---|--|--|--|
|   | <b>Menu Subject To Seasonal Change</b><br><br><b>All Menus Are Based On A 5 Week Seasonal Rotation</b><br><br><b>Chef Is Available To Discuss Any Special Requests/Requirement</b> | 27<br><b>Noontime Dinner</b><br>Chicken Supreme<br>OR<br>Braised Pork Chop<br><b>Evening Supper</b><br>Sausage Tortellini w/Rosa Sauce<br>OR<br>Chicken Caesar Salad              | 28<br><b>Noontime Dinner</b><br>Swedish Meatballs<br>OR<br>Garlic and Lemon Crusted Cod<br><b>Evening Supper</b><br>Beef Quesadilla<br>OR<br>B.L.T. Salad   | 29<br><b>Noontime Dinner</b><br>BBQ Baby Back Ribs<br>OR<br>Chicken Fettuccine Alfredo<br><b>Evening Supper</b><br>California Cheeseburger<br>OR<br>Greek Salmon Salad                 | 30<br><b>Noontime Dinner</b><br>Mediterranean Garlic Shrimp<br>OR<br>Sweet and Sour Chicken<br><b>Evening Supper</b><br>Chicken Carbonara Pizza<br>OR<br>Southwestern Taco Casserole | 5<br><b>Noontime Dinner</b><br>Country Fried Steak<br>OR<br>Open Faced Turkey Sandwich<br><b>Evening Supper</b><br>Chili Cheese Hot Dog<br>OR<br>Chicken and Spinach Salad               |
|   |  | 6<br><b>Noontime Dinner</b><br>Honey & Brown Sugar Ham<br>OR<br>Broccoli Stuffed Chicken<br><b>Evening Supper</b><br>Mongolian Sliced Beef<br>OR<br>Ginger and Garlic Cod         | 7<br><b>Noontime Dinner</b><br>Spaghetti and Meatballs<br>OR<br>Lemon Pepper Tilapia<br><b>Evening Supper</b><br>Pulled BBQ Sliders<br>OR<br>Cheesy Chicken & Broccoli Casserole                      | 8<br><b>Noontime Dinner</b><br>Hamburger Steak with Onion Gravy<br>OR<br>French Onion Smothered Chicken<br><b>Evening Supper</b><br>Beef Cottage Pie<br>OR<br>Grilled Turkey and Swiss | 9<br><b>Noontime Dinner</b><br>Boneless Pork Ribs w/Sauerkraut<br>OR<br>Potato Crusted Cod<br><b>Evening Supper</b><br>Cashew Chicken Salad<br>OR<br>Mushroom and Swiss Burger       | 10<br><b>Noontime Dinner</b><br>Herb Roasted Chicken<br>OR<br>Roast Beef<br><b>Evening Supper</b><br>Spaghetti Hamburger Hotdish<br>OR<br>Grilled Rubeen Sandwich                        |
| 13<br><b>Noontime Dinner</b><br>Chicken Kiev<br>OR<br>Cracker Crusted Haddock<br><b>Evening Supper</b><br>Breakfast Skillet<br>OR<br>Beef and Cheddar Sandwich                                    | 14 <b>Flag Day</b><br><b>Noontime Dinner</b><br>Homemade Beef Lasagna<br>OR<br>Grilled BBQ Chicken<br><b>Evening Supper</b><br>Turkey Club Croissant<br>OR<br>Shrimp Caesar Salad  | 15<br><b>Noontime Dinner</b><br>Bell Pepper Onion Pork Chops<br>OR<br>Homemade Walleye Cakes<br><b>Evening Supper</b><br>Chicken Gravy over Biscuit<br>OR<br>Cheese Manicotti     | 16<br><b>Noontime Dinner</b><br>Fried Chicken<br>OR<br>Beef Stroganoff<br><b>Evening Supper</b><br>Chicken Noodle Casserole<br>OR<br>Meat Lovers Pizza  | 17<br><b>Noontime Dinner</b><br>Rosemary Balsamic Short Ribs<br>OR<br>Roasted Herb Tilapia<br><b>Evening Supper</b><br>BBQ Seasoned Pork Wings<br>OR<br>Grilled Rachel Sandwich        | 18<br><b>Noontime Dinner</b><br>Fried Barramundi<br>OR<br>Herb Roasted Pork Loin<br><b>Evening Supper</b><br>Prime Rib Burger<br>OR<br>Homemade Chicken Pot Pie                      | 19<br><b>Noontime Dinner</b><br>Open Faced Roast Beef Sand.<br>OR<br>Pesto Crusted Pollock<br><b>Evening Supper</b><br>Chef Salad with Choice Dressing<br>OR<br>Breaded Chicken Sandwich |
| 20 <b>Father's Day</b><br><b>Noontime Dinner</b><br>Country Style BBQ Pork Ribs<br>OR<br>Chicken Tortellini Primavera<br><b>Evening Supper</b><br>Ham Salad Sandwich<br>OR<br>Tuna Salad Sandwich | 21<br><b>Noontime Dinner</b><br>Bruschetta Chicken<br>OR<br>Homemade Salisbury Steak<br><b>Evening Supper</b><br>California Turkey Burger<br>OR<br>Tater Tot Hot Dish              | 22<br><b>Noontime Dinner</b><br>Chicken & Spinach with Penne<br>OR<br>Homemade Beef Pot Pie<br><b>Evening Supper</b><br>Pecan Chicken Salad<br>OR<br>Philly Cheese Steak Sandwich | 23 <b>Summer BBQ</b><br><b>Noontime Dinner</b><br>Burgers, Brats, Hot Dogs<br>Potato Salad, Coleslaw,<br>and Baked Beans<br><b>Evening Supper</b><br>Grilled Chicken Sandwich<br>OR<br>Popcorn Shrimp | 24<br><b>Noontime Dinner</b><br>Pork Chow Mein<br>OR<br>Mediterranean Crusted Salmon<br><b>Evening Supper</b><br>Chicken Rigatoni with Alfredo<br>OR<br>French Dip with Au Jus         | 25<br><b>Noontime Dinner</b><br>Roasted Walleye<br>OR<br>Red Wine Beef Short Ribs<br><b>Evening Supper</b><br>Thai Shrimp Salad<br>OR<br>Rodeo Cheeseburger<br>June 16th             | 26<br><b>Noontime Dinner</b><br>Pineapple Brown Sugar Ham<br>OR<br>Roasted Airline Chicken Breast<br><b>Evening Supper</b><br>Grilled Ham and Cheese<br>OR<br>Turkey Cobb Salad          |
| 27<br><b>Noontime Dinner</b><br>Homemade Beef Stew<br>OR<br>Citrus Peppercorn Tilapia<br><b>Evening Supper</b><br>Ballpark Hot Dog<br>OR<br>B.L.T. Sandwich                                       | 28<br><b>Noontime Dinner</b><br>Cashew Chicken Stir Fry<br>OR<br>Fried Butterfly Shrimp<br><b>Evening Supper</b><br>Chicken Tenders<br>OR<br>Egg Salad Sandwich                    | 29<br><b>Noontime Dinner</b><br>Crunchy Onion Chicken<br>OR<br>Spaghetti and Meat Sauce<br><b>Evening Supper</b><br>Ham and Cheese Quiche<br>OR<br>Hot Shredded Beef Sandwich     | 30<br><b>Noontime Dinner</b><br>Homemade Meatloaf<br>OR<br>Chicken Cordon Bleu<br><b>Evening Supper</b><br>Grilled Patty Melt<br>OR<br>Hungry Hog Pizza   | Please Make Reservations For All<br>Guests. Advanced Notice is<br>Appreciated.<br><b>Meal Times</b><br>7:30 - 9:30 Breakfast<br>12:00-1:00PM Dinner<br>5:00-6:00PM Supper              |  | <b>Made to Order Breakfast<br/>           Main Dining Room<br/>           8 AM - 9 AM</b><br>  |