

January 2023



Embracing life. Enriching lives.

Oak Park Senior Living

13936 Lower 59th St No Oak Park Heights, MN 55082

Chef / Reservations: 651-275-8084

Email: jonathond@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 New Years Day Noontime Dinner Fresh Herb Roasted Strip Loin OR Homemade Four Cheese Lasagna Evening Supper Ham Salad Sandwich OR Guinness Steak Pie	2 Noontime Dinner Grilled Pesto Chicken OR Homemade Salisbury Steak Evening Supper California Turkey Burger OR Tater Tot Hot Dish	3 Noontime Dinner Chicken AlaKing Puff Pastry OR Beef London Broil Evening Supper Chicken Waldorf Salad OR Philly Cheese Steak Sandwich	4 Noontime Dinner Hunters Chicken Sage Cranberry BBQ OR Mediterranean Salmon Evening Supper Teriyaki Chicken Bowl OR New Orleans Shrimp & Sausage	5 Noontime Dinner Pork Chow Mein OR Hamburger Steak in Gravy Evening Supper Chicken Rigatoni OR French Dip Au Jus	6 Noontime Dinner Broiled Walleye OR Creamy Chicken Tortellini Evening Supper Thai Tempura Shrimp Salad OR Rodeo Cheeseburger	7 Noontime Dinner Pineapple Brown Sugar Ham OR Apple Dijon Chicken Evening Supper Grilled Ham and Cheese OR Cuban Mojito Chicken Salad	
8 Noontime Dinner Beef Stew & Biscuit OR New England Breaded Cod Evening Supper Ball Park Hotdog OR Chef Made Beef Pot Pie	9 Noontime Dinner Fire Grilled Chicken Thigh OR French Country Pork Rib Evening Supper Breaded Chicken Tenderloin OR Egg Salad Croissant	10 Noontime Dinner Lemon Rosemary Chicken OR Spaghetti and Meat Sauce Evening Supper Chicken and Dumplings OR Hot Shredded Beef Sandwich	11 Noontime Dinner Summer BBQ OR Napa Valley Grilled Chicken Evening Supper Grilled Patty Melt OR Banana Foster French Toast	12 Noontime Dinner Korean Short Ribs OR Garlic Shrimp Scampi Evening Supper Crab Ravioli Lemon Cream OR Open Faced Turkey Melt	13 Noontime Dinner Mango Salsa Salmon OR Rosemary Garlic Strip Loin Evening Supper Sicilian Chicken Salad OR Pub House Cod	14 Noontime Dinner Smoked Beef Brisket OR Pecan Tilapia Evening Supper Chicken Salad Platter OR Open Faced Pot Roast	
15 Noontime Dinner Homemade Meatloaf OR Chicken Cordon Blue Evening Supper Sloppy Joe OR Apple Fritter French Toast	16 Noontime Dinner Chicken Parmesan OR Garlic Lemon Baked Cod Evening Supper American Beef Goulash OR Homey Mustard Boneless Wings	17 Noontime Dinner Sliced Beef Tenderloin OR Braised Apple Pork Chop Evening Supper Cherry Glazed Meatballs OR Chicken Caesar Salad	18 Noontime Dinner Swedish Meatball OR Almond Crusted Walleye Evening Supper Steak Fajita Bowl OR Belgian Waffle with Fruit	19 Noontime Dinner BBQ Baby Back Ribs OR Monterey Chicken Evening Supper California Cheeseburger OR Greek Salmon Salad	20 Noontime Dinner Mediterranean Garlic Shrimp OR Sweet and Sour Chicken Evening Supper Chicken Carbonara Bake OR Grilled Memphis Brisket Sand.	21 Noontime Dinner Country Fried Beef Steak OR Open Faced Turkey Sandwich Evening Supper Chili Cheese Hotdog OR Scalloped Potato & Ham Casserole	
22 Noontime Dinner Root beer Pineapple Ham OR Broccoli Stuffed Chicken Evening Supper Mongolian Beef Bowl OR Chicken Salad Sandwich	23 Noontime Dinner Spaghetti and Meatballs OR Herb Crusted Tilapia Evening Supper Pulled BBQ Pork Sliders OR Chicken Macaroni & Cheese	24 Noontime Dinner Beef Pot Roast OR French Onion Chicken Evening Supper Beef Cottage Pie OR Roasted Deli Turkey Sandwich	25 Noontime Dinner Polish Sausage & Sauerkraut OR Potato Crusted Cod Evening Supper Cashew Chicken Salad Platter OR All American Cheeseburger	26 Noontime Dinner Argentinian Beef Short Ribs OR Coconut Shrimp Evening Supper Pepperoni Bacon Stromboli OR Classic Grilled Reuben	27 Noontime Dinner Dill Yogurt Summer Salmon OR Grilled Pork Tenderloin Evening Supper English Style Fish & Chips OR Beef Taco Salad	28 Noontime Dinner Beef Teriyaki Stir Fry OR Homemade Chicken Pot Pie Evening Supper Chicken Fritter Biscuit & Gravy OR Italian Sub	
29 Noontime Dinner Chicken Kiev OR Cracker Crusted Haddock Evening Supper Popcorn Chicken Salad OR Beef & Cheddar Sandwich	30 Noontime Dinner Homemade Italian Lasagna OR Beef Liver and Onions w/ Bacon Evening Supper Chilled Seafood Tortellini Salad OR Bowl of Chili	31 Noontime Dinner Pork Chop with Peaches OR Crab Cakes with Lemon Aioli Evening Supper Country Sausage Gravy & Biscuits OR Cheese Manicotti Marinara	Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper			Made to Order Breakfast Main Dining Room 8 AM - 9 AM January 18th	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement

