

November 2019






Embracing life. Enriching lives.

Oak Park Senior Living

13936 Lower 59th St No Oak Park Heights, MN 55082

Chef / Reservations: 651-275-8084

Email: joelc@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>		<p>Made to Order Breakfast Main Dining Room 8 AM - 9 AM</p> 		<p>1</p> <p>Noontime Dinner Pork Tenderloin OR Asian Glazed Salmon Evening Supper Coconut Shrimp w/3 Bean Salad OR Rodeo Burger w/3 Bean Salad</p>	<p>2</p> <p>Noontime Dinner Herb Roasted Chicken OR Roast Beef with Gravy Evening Supper Turkey & Ham Club Sandwich OR Shrimp Caesar Salad</p>
<p>3</p> <p>Noontime Dinner Honey Baked Ham OR Crusted Pollock Evening Supper Chef Salad with Deli Meat OR Breaded Chicken Sandwich</p>	<p>4</p> <p>Noontime Dinner Spaghetti and Meatballs OR Cider Braised Duck Leg Evening Supper Pot Roast & Cheddar Sliders OR Egg & Tuna Salad Cold Plate</p>	<p>5</p> <p>Noontime Dinner Sun Dried Tomato Chicken OR Flat Iron Steak Evening Supper Corn Beef and Hash with Eggs OR Chicken Broccoli Casserole</p>	<p>6</p> <p>Noontime Dinner Baby Back Ribs w/Baked Beans OR Chicken Fettuccini Alfredo Evening Supper Grilled Turkey & Swiss w/Soup OR Hungry Hog Flatbread Pizza</p>	<p>7</p> <p>Noontime Dinner Mediterranean Shrimp Scampi OR Chicken Cacciatore over Rice Evening Supper Chili Cheese Hot Dog OR Chicken and Spinach Salad</p>	<p>8</p> <p>Noontime Dinner Baked Walleye OR Slow Roasted Prime Rib Evening Supper Pulled Pork Cuban Sandwich OR Fried Cod Sandwich</p>	<p>9</p> <p>Noontime Dinner Open Roast Beef Sandwich OR Chicken and Dumplings Evening Supper Turkey Cobb Salad OR Grilled Ham and Cheese</p>
<p>10</p> <p>Noontime Dinner BBQ Pork Ends OR Cracker Crusted Haddock Evening Supper Grilled Reuben Sandwich OR Spaghetti Hot Dish</p>	<p>11</p> <p>Noontime Dinner Fried Chicken w/Sweet Potatoes OR Beef Stroganoff Evening Supper Chicken Caesar Salad OR California Burger</p>	<p>12</p> <p>Noontime Dinner Citrus Glazed Tilapia OR Kielbasa with Mac and Cheese Evening Supper Steak and Bleu Cheese Salad OR Salami & Ham Italian Sub</p>	<p>13</p> <p>Noontime Dinner Homemade Chicken Pot Pie OR Creamy Shrimp and Grits Evening Supper B.L.T. Salad w/Buttermilk Ranch OR Beef Quesadilla w/Sour Cream</p>	<p>14</p> <p>Noontime Dinner Pot Roast w/Mashed Potatoes OR Slow Roasted Turkey Evening Supper Beef Goulash w/Cheese bread OR Fried Chicken Wings</p>	<p>15</p> <p>Noontime Dinner Herb Roasted Pork Loin OR Corn Meal Crusted Catfish Evening Supper Thai Shrimp Salad OR Ball Park Hot Dog w/Coleslaw</p>	<p>16</p> <p>Noontime Dinner Country Style BBQ Ribs OR French Onion Chicken Evening Supper Ham and Cheese Quiche OR Hot Shredded Beef Sandwich</p>
<p>17</p> <p>Noontime Dinner Honey Baked Ham OR Broccoli Stuffed Chicken Evening Supper Meat Lover's Pizza OR Chicken Noodle Casserole</p>	<p>18</p> <p>Noontime Dinner Butterfly Coconut Shrimp OR Cashew Chicken Stir Fry Evening Supper Tuna Melt with Tater Tots OR Sloppy Joes with Tater Tots</p>	<p>19</p> <p>Noontime Dinner Homemade Salisbury Steak OR Apple Orchard Chicken Evening Supper Shredded Beef & Swiss Sliders OR Banana Fosters French Toast</p>	<p>20</p> <p>Noontime Dinner Crunchy Onion Chicken OR Spaghetti and Meat Sauce Evening Supper Bacon Cheeseburger OR Pecan Chicken Salad</p>	<p>21</p> <p>Noontime Dinner Garlic Shrimp Scampi OR Korean BBQ Beef Short Ribs Evening Supper Boneless Chicken Wings OR Lasagna Roll Ups</p>	<p>22</p> <p>Noontime Dinner Maple Glazed Salmon OR Roast Beef Evening Supper Beer Battered Fish & Chips OR Soft Shell Beef Tacos</p>	<p>23</p> <p>Noontime Dinner Blackened Chicken OR Italian Sausage Mostaciolli Evening Supper Grilled Rachel Sandwich OR BBQ Seasoned Pork Wings</p>
<p>24</p> <p>Noontime Dinner BBQ Beef Brisket OR Pecan Crusted Tilapia Evening Supper Sausage Breakfast Skillet OR Beef & Cheddar w/Soup</p>	<p>25</p> <p>Noontime Dinner Homemade Meatloaf OR Chicken Cordon Bleu Evening Supper Mushroom Swiss Burger OR Cashew Chicken Salad & Spinach</p>	<p>26</p> <p>Noontime Dinner Lemon Pepper Tilapia OR Swedish Meatballs Evening Supper Chicken Quesadilla OR Pulled Pork Sandwich</p>	<p>27</p> <p>Noontime Dinner Grilled Beef Tenderloin OR Chicken Gravy over Biscuits Evening Supper Pizza Rotini Casserole OR Patty Melt on Marble Rye</p>	<p>28 Thanksgiving</p> <p>Noontime Dinner Roasted Turkey Dinner OR Braised Pork Chop Evening Supper Delivered Box Dinner Ham Sandwich, Chips, Fruit, Cookies</p> 	<p>29</p> <p>Noontime Dinner Red Wine Beef Short Ribs OR Butterfly Shrimp Evening Supper Grilled Cheese w/Tomato Soup OR Chicken & Avocado Salad</p>	<p>30</p> <p>Noontime Dinner Country Fried Steak OR Pan Fried Rainbow Trout Evening Supper Philly Beef Sandwich OR Strawberry & Chicken Salad</p>