

November 2022



Embracing life. Enriching lives.

Oak Park Senior Living

13936 Lower 59th St No Oak Park Heights, MN 55082

Chef / Reservations: 651-275-8084

Email: jonathond@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p>Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>		<p>1</p> <p>Noontime Dinner Lemon Rosemary Chicken OR Spaghetti and Meat Sauce</p> <p>Evening Supper Chicken and Dumplings OR Hot Shredded Beef Sandwich</p>	<p>2</p> <p>Noontime Dinner Summer BBQ OR Napa Valley Grilled Chicken</p> <p>Evening Supper Grilled Patty Melt OR Banana Foster French Toast</p>	<p>3</p> <p>Noontime Dinner Korean Short Ribs OR Garlic Shrimp Scampi</p> <p>Evening Supper Crab Ravioli Lemon Cream OR Open Faced Turkey Melt</p>	<p>4</p> <p>Noontime Dinner Mango Salsa Salmon OR Rosemary Garlic Strip Loin</p> <p>Evening Supper Sicilian Chicken Salad OR Pub House Cod</p>	<p>5</p> <p>Noontime Dinner Smoked Beef Brisket OR Pecan Tilapia</p> <p>Evening Supper Chicken Salad Platter OR Open Faced Pot Roast</p>
	<p>6</p> <p>Noontime Dinner Homemade Meatloaf OR Chicken Cordon Blue</p> <p>Evening Supper Sloppy Joe OR Apple Fritter French Toast</p>	<p>7</p> <p>Noontime Dinner Chicken Parmesan OR Garlic Lemon Baked Cod</p> <p>Evening Supper American Beef Goulash OR Homey Mustard Boneless Wings</p>	<p>8</p> <p>Noontime Dinner Sliced Beef Tenderloin OR Braised Apple Pork Chop</p> <p>Evening Supper Cherry Glazed Meatballs OR Chicken Caesar Salad</p>	<p>9</p> <p>Noontime Dinner Swedish Meatball OR Almond Crusted Walleye</p> <p>Evening Supper Steak Fajita Bowl OR Belgian Waffle with Fruit</p>	<p>10</p> <p>Noontime Dinner BBQ Baby Back Ribs OR Monterey Chicken</p> <p>Evening Supper California Cheeseburger OR Greek Salmon Salad</p>	<p>11</p> <p>Noontime Dinner Mediterranean Garlic Shrimp OR Sweet and Sour Chicken</p> <p>Evening Supper Chicken Carbonara Bake OR Grilled Memphis Brisket Sand.</p>
<p>13</p> <p>Noontime Dinner Root beer Pineapple Ham OR Broccoli Stuffed Chicken</p> <p>Evening Supper Mongolian Beef Bowl OR Chicken Salad Sandwich</p>	<p>14</p> <p>Noontime Dinner Spaghetti and Meatballs OR Herb Crusted Tilapia</p> <p>Evening Supper Pulled BBQ Pork Sliders OR Chicken Macaroni & Cheese</p>	<p>15</p> <p>Noontime Dinner Beef Pot Roast OR French Onion Chicken</p> <p>Evening Supper Beef Cottage Pie OR Roasted Deli Turkey Sandwich</p>	<p>16</p> <p>Noontime Dinner Polish Sausage & Sauerkraut OR Potato Crusted Cod</p> <p>Evening Supper Cashew Chicken Salad Platter OR All American Cheeseburger</p>	<p>17</p> <p>Noontime Dinner Argentinian Beef Short Ribs OR Coconut Shrimp</p> <p>Evening Supper Pepperoni Bacon Stromboli OR Classic Grilled Reuben</p>	<p>18</p> <p>Noontime Dinner Dill Yogurt Summer Salmon OR Grilled Pork Tenderloin</p> <p>Evening Supper English Style Fish & Chips OR Beef Taco Salad</p>	<p>19</p> <p>Noontime Dinner Beef Teriyaki Stir Fry OR Homemade Chicken Pot Pie</p> <p>Evening Supper Chicken Fritter Biscuit & Gravy OR Italian Sub</p>
<p>20</p> <p>Noontime Dinner Chicken Kiev OR Cracker Crusted Haddock</p> <p>Evening Supper Popcorn Chicken Salad OR Beef & Cheddar Sandwich</p>	<p>21</p> <p>Noontime Dinner Homemade Italian Lasagna OR Beef Liver and Onions w/ Bacon</p> <p>Evening Supper Chilled Seafood Tortellini Salad OR Bowl of Chili</p>	<p>22</p> <p>Noontime Dinner Pork Chop with Peaches OR Crab Cakes with Lemon Aioli</p> <p>Evening Supper Country Sausage Gravy & Biscuits OR Cheese Manicotti Marinara</p>	<p>23</p> <p>Noontime Dinner Cornmeal Catfish OR Beef Stroganoff</p> <p>Evening Supper Chicken Noodle Casserole OR Wisconsin Beer Bratwurst</p>	<p>24 Thanksgiving</p> <p>Noontime Dinner Oven Roasted Turkey Breast OR Slow Roasted Prime Rib</p> <p>Evening Supper Dining Room Closed Box Meal Service</p>	<p>25</p> <p>Noontime Dinner Garlic Cod with Lemon Sauce OR Herb Roasted Pork Loin</p> <p>Evening Supper Prime Rib Burger OR Coconut Shrimp</p>	<p>26</p> <p>Noontime Dinner Open Faced Roast Beef OR Pesto Pollock</p> <p>Evening Supper Chef Salad OR Breaded Chicken Sandwich</p>
<p>27</p> <p>Noontime Dinner Country Style BBQ Pork Ribs OR Creamy Chicken Tortellini</p> <p>Evening Supper Ham Salad Sandwich OR Guinness Steak Pie</p>	<p>28</p> <p>Noontime Dinner Grilled Pesto Chicken OR Homemade Salisbury Steak</p> <p>Evening Supper California Turkey Burger OR Tater Tot Hot Dish</p>	<p>29</p> <p>Noontime Dinner Chicken AlaKing Puff Pastry OR Beef London Broil</p> <p>Evening Supper Chicken Waldorf Salad OR Philly Cheese Steak Sandwich</p>	<p>30</p> <p>Noontime Dinner Hunters Chicken Sage Cranberry BBQ OR Mediterranean Salmon</p> <p>Evening Supper Teriyaki Chicken Bowl OR New Orleans Shrimp & Sausage</p>	<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p>	<p>Wednesday 11/16</p> <p>Made to Order Breakfast Main Dining Room 8 AM - 9 AM</p>	