

November 2021



Embracing life. Enriching lives.

Oak Park Senior Living
 13936 Lower 59th St No Oak Park Heights, MN 55082
 Chef / Reservations: 651-275-8084
 Email: Zabrincac@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	1 Noontime Dinner Homemade Beef Lasagna OR Grilled BBQ Chicken Evening Supper Turkey Club Croissant OR Shrimp Caesar Salad	2 Noontime Dinner Bell Pepper Onion Pork Chops OR Homemade Walleye Cakes Evening Supper Chicken Gravy over Biscuit OR Cheese Manicotti	3 Noontime Dinner Burgers, Brats, Hot Dogs Potato Salad, Coleslaw, and Baked Beans Evening Supper Chicken Noodle Casserole OR Meat Lovers Pizza	4 Noontime Dinner Rosemary Balsamic Short Ribs OR Roasted Herb Tilapia Evening Supper BBQ Seasoned Pork Wings OR Grilled Rachel Sandwich	5 Noontime Dinner Fried Barramundi OR Herb Roasted Pork Loin Evening Supper Prime Rib Burger OR Homemade Chicken Pot Pie	6 Noontime Dinner Open Faced Roast Beef Sand. OR Pesto Crusted Pollock Evening Supper Chef Salad with Choice Dressing OR Breaded Chicken Sandwich
	7 Noontime Dinner Country Style BBQ Pork Ribs OR Chicken Tortellini Primavera Evening Supper Ham Salad Sandwich OR Tuna Salad Sandwich	8 Noontime Dinner Bruschetta Chicken OR Homemade Salisbury Steak Evening Supper California Turkey Burger OR Tater Tot Hot Dish	9 Noontime Dinner Chicken & Spinach with Penne OR Homemade Beef Pot Pie Evening Supper Pecan Chicken Salad OR Philly Cheese Steak Sandwich	10 Noontime Dinner Turkey Dinner OR Pot Roast Dinner Evening Supper Teriyaki Chicken Casserole OR New Orleans Shrimp N' Sausage Skillet	11 Noontime Dinner Pork Chow Mein OR Mediterranean Crusted Salmon Evening Supper Chicken Rigatoni with Alfredo OR French Dip with Au Jus	12 Noontime Dinner Roasted Walleye OR Red Wine Beef Short Ribs Evening Supper Thai Shrimp Salad OR Rodeo Cheeseburger
14 Noontime Dinner Homemade Beef Stew OR Citrus Peppercorn Tilapia Evening Supper Ballpark Hot Dog OR B.L.T. Sandwich	15 Noontime Dinner Fire Braised Chicken OR Grilled Bone In Pork Chop Evening Supper Breaded Chicken Tenderloin OR Egg Salad Sandwich	16 Noontime Dinner Crunchy Onion Chicken OR Spaghetti and Meat Sauce Evening Supper Ham and Cheese Quiche OR Hot Shredded Beef Sandwich	17 Noontime Dinner Homemade Meatloaf OR Chicken Cordon Bleu Evening Supper Grilled Patty Melt OR Hungry Hog Pizza	18 Noontime Dinner Korean BBQ Short Ribs OR Garlic Shrimp Scampi Evening Supper Tomato Basil Chicken Breast OR Grilled Cheese & Tomato Soup	19 Noontime Dinner Maple Glazed Salmon OR Roast Beef Evening Supper Pulled Pork & Ham Cuban Sand. OR Fried Cod Sandwich	20 Noontime Dinner Smoked BBQ Beef Brisket OR Pecan Crusted Tilapia Evening Supper Egg Salad & Tuna Salad Platter OR Pot Roast Sliders
21 Noontime Dinner Blackened Chicken OR Italian Sausage Mostaccioli Evening Supper Homemade Sloppy Joe OR Grilled Tuna Melt	22 Noontime Dinner Grilled Beef Tenderloin OR Hand Breaded Fried Zander Evening Supper Hungarian Beef Goulash OR Fried Chicken Wings	23 Noontime Dinner Chicken Supreme OR Braised Pork Chop Evening Supper Sausage Tortellini w/Rosa Sauce OR Chicken Caesar Salad	24 Noontime Dinner Swedish Meatballs OR Garlic and Lemon Crusted Cod Evening Supper Beef Quesadilla OR B.L.T. Salad	25 Thanksgiving Noontime Dinner Turkey Dinner with Gravy Mashed Potato, Stuffing Dinner Roll Evening Supper Dining Room Closed For Holiday Box Meal Available	26 Noontime Dinner Mediterranean Garlic Shrimp OR Sweet and Sour Chicken Evening Supper Chicken Carbonara Pizza OR Southwestern Taco Casserole	27 Noontime Dinner Country Fried Steak OR Open Faced Turkey Sandwich Evening Supper Chili Cheese Hot Dog OR Chicken and Spinach Salad
28 Noontime Dinner Honey & Brown Sugar Ham OR Broccoli Stuffed Chicken Evening Supper Mongolian Sliced Beef OR Ginger and Garlic Cod	29 Noontime Dinner Spaghetti and Meatballs OR Lemon Pepper Tilapia Evening Supper Pulled BBQ Sliders OR Cheesy Chicken & Broccoli Casserole	30 Noontime Dinner Hamburger Steak with Onion Gravy OR French Onion Smothered Chicken Evening Supper Beef Cottage Pie OR Grilled Turkey and Swiss	Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement		18-Nov Made to Order Breakfast Main Dining Room 8 AM - 9 AM 	