

January 2019

SOUTHVIEW
SENIOR COMMUNITIES


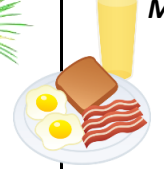
Embracing life. Enriching lives.

Oak Park Senior Living

13936 Lower 59th St No Oak Park Heights, MN 55082

Chef / Reservations: 651-275-8084

Email: joelc@oakparkseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>January 24th Made to Order Breakfast Main Dining Room 8 AM - 9 AM</p> 	<p>1 New Years Day Noontime Dinner Caramelized Pork Shoulder OR Lobster Linguini & Garlic Bread Evening Supper Steak and Bleu Salad OR Ham and Cheese Croissant</p>	<p>2 Noontime Dinner Homemade Chicken Pot Pie OR Swiss Steak w/Baked Potato Evening Supper B.L.T. Salad w/Buttermilk Ranch OR Beef Quesadilla w/Sour Cream</p>	<p>3 Noontime Dinner Pot Roast w/Mashed Potatoes OR Slow Roasted Turkey Evening Supper Beef Goulash with Cheese bread OR Fried Chicken Wings</p>	<p>4 Noontime Dinner Herb Roasted Pork Loin OR Corn Meal Crusted Catfish Evening Supper Thai Shrimp Salad OR Ball Park Hot Dog w/Coleslaw</p>	<p>5 Noontime Dinner Country Style BBQ Ribs OR French Onion Chicken Evening Supper Ham and Cheese Quiche OR Hot Shredded Beef Sandwich</p>
<p>6 Noontime Dinner Lemon Garlic Cod OR Broccoli Stuffed Chicken Evening Supper Grilled Reuben Sandwich OR Turkey Tetrazzini Casserole</p>	<p>7 Noontime Dinner Butterfly Coconut Shrimp OR Cashew Chicken Stir Fry Evening Supper Tuna Melt with Tater Tots OR Sloppy Joes with Tater Tots</p>	<p>8 Noontime Dinner Homemade Salisbury Steak OR Apple Orchard Chicken Evening Supper Beef Brisket Sandwich OR Strawberry French Toast</p>	<p>9 Noontime Dinner Crunchy Onion Chicken OR Spaghetti and Meat Sauce Evening Supper Southwest Pepper jack Burger OR Chopped Chicken Salad</p>	<p>10 Noontime Dinner Garlic Shrimp Scampi OR Korean BBQ Short Ribs Evening Supper Boneless Chicken Wings OR Pizza Casserole</p>	<p>11 Noontime Dinner Lemon Pepper Salmon OR Roast Beef Evening Supper Beer Battered Fish & Chips OR Soft Shell Beef Tacos</p>	<p>12 Noontime Dinner Blackened Chicken OR Italian Sausage Mostaciolli Evening Supper Salami and Ham on Focaccia OR BBQ Seasoned Pork Wings</p>
<p>13 Noontime Dinner Smoked Beef Brisket OR Pecan Crusted Tilapia Evening Supper Breakfast Skillet OR Beef & Cheddar w/Soup</p>	<p>14 Noontime Dinner Homemade Meatloaf OR Chicken Cordon Bleu Evening Supper Mushroom Swiss Burger OR Cashew Chicken Salad</p>	<p>15 Noontime Dinner Lemon Pepper Tilapia OR Swedish Meatballs Evening Supper Chicken Quesadilla OR Pulled Pork Sandwich</p>	<p>16 Noontime Dinner Grilled Beef Tenderloin OR Chicken Gravy & Biscuits Evening Supper Meat Lover's Pizza OR Patty Melt on Marble Rye</p>	<p>17 Noontime Dinner Braised Pork Chop OR Pan Fried Rainbow Trout Evening Supper Grilled Chicken Sandwich OR Greek Salmon Salad</p>	<p>18 Noontime Dinner Red Wine Beef Short Ribs OR Butterfly Shrimp Evening Supper Grilled Cheese w/Tomato Soup OR Chicken & Avocado Salad</p>	<p>19 Noontime Dinner Country Fried Steak OR Open Faced Turkey Sandwich Evening Supper Philly Beef Sandwich OR Chicken and Strawberry Salad</p>
<p>20 Noontime Dinner Chicken Kiev OR Potato Crusted Cod Evening Supper Tater Tot Hot Dish OR Grilled Turkey Burger</p>	<p>21 Noontime Dinner Beef Lasagna OR Grilled BBQ Chicken Evening Supper Biscuits and Sausage Gravy OR Popcorn Shrimp</p>	<p>22 Noontime Dinner Pork Chow Mein OR Crab Cakes with Rice Pilaf Evening Supper Chicken Salad Sandwich OR Blueberry Pancakes</p>	<p>23 Noontime Dinner Chicken Cacciatore OR Fried Zander w/Baked Potato Evening Supper Hawaiian Ham Melt OR Chicken Tenders w/Fruit Salad</p>	<p>24 Noontime Dinner Homemade Beef Pot Pie OR Chicken & Spinach Cannelloni Evening Supper French Dip with Au Jus OR Pecan Chicken Salad</p>	<p>25 Noontime Dinner Pork Tenderloin OR Maple Glazed Salmon Evening Supper Coconut Shrimp w/3 Bean Salad OR Rodeo Burger w/3 Bean Salad</p>	<p>26 Noontime Dinner Herb Roasted Chicken OR Roast Beef with Gravy Evening Supper Turkey & Ham Club Sandwich OR Shrimp Caesar Salad</p>
<p>27 Noontime Dinner Honey Baked Ham OR Lemon Dill Arctic Char Evening Supper Chef Salad with Deli Meat OR Breaded Chicken Sandwich</p>	<p>28 Noontime Dinner Spaghetti and Meatballs OR Cider Braised Duck Leg Evening Supper Pot Roast & Cheddar Sliders OR Egg & Tuna Salad Cold Plate</p>	<p>29 Noontime Dinner Sun Dried Tomato Chicken OR Flat Iron Steak Evening Supper B.L.T. Sandwich w/coleslaw OR Corned Beef Hash & Eggs</p>	<p>30 Noontime Dinner Baby Back Ribs w/Baked Beans OR Chicken Fettuccini Alfredo Evening Supper Grilled Turkey & Swiss w/Soup OR Taco Casserole w/ Garlic Bread</p>	<p>31 Noontime Dinner Vegetable Shrimp Scampi OR Chicken Enchiladas Evening Supper Chili Cheese Dog OR Chicken and Spinach Salad</p>	<p>Menu Subject To Seasonal Change</p> <p>All Menus Are Based On A 5 Week Seasonal Rotation</p> <p>Chef Is Available To Discuss Any Special Requests/Requirement</p> <p>1 Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>	